**[Business format heading]**

**Dear [Lawyer’s first name],**

**It’s been too long since we last communicated and I would like to share with you what I have doing. I took a “working sabbatical” to go back to school to become credentialed as a “trauma expert” and I am excited to report that I have completed my training. Although my training was focused on MRI interpretation, soft tissue pathology and functional losses part of my training exposed me to understand why third party’s [insurance companies] do not understand the extent of bodily injuries.**

**With that information, I have subsequently done extensive research and now understand why lawyers in our region are getting such low settlement offers from the carriers and I am happy to share with you how to reverse that trend. It is easier than I ever previously thought.**

**I look forward to sharing a cup of coffee and chatting. I am also attaching my updated CV for your records and look forward to hearing from you to set up a time for us to have a 15-minute conversation as I would be happy to share with you what I have learned to help you support your clients.**

**Respectfully,**

**[You], DC**